Chapter Three Everything Small Groups

Mary



"

Let your speech always be gracious seasoned with salt so that you may know how to answer everyone.

Colossians 4:6



Why Small Groups

"The best place to support friendship is in a small circle of friends." – C.S. Lewis

We're made for friendship... and not just with God



Why Small Groups in The Rescue Project

We're made for communion and the enemy hates it
Creates space for authentic conversations
A place of accompaniment
Small groups are the heart of The Rescue Project



The Ideal Small Group

Size: 8 people plus 2 facilitators

Composition: Let the Spirit lead; be intentional



Facilitating

What's the role?

The role of the small group facilitator isn't to teach, but rather facilitate conversation that encourages balanced discussion among everyone in the group.



Who should facilitate?

People who are:

Warm, welcoming and joyful

- Prayerful and attentive to the Holy Spirit
- Empathetic listeners

and

Have a heart for Jesus and the Church
Are willing to be a friend on the journey



Responsibilities

Prayer
Pre-session huddle
Create a warm, welcoming environment
When needed, bring clarity and direction to conversations



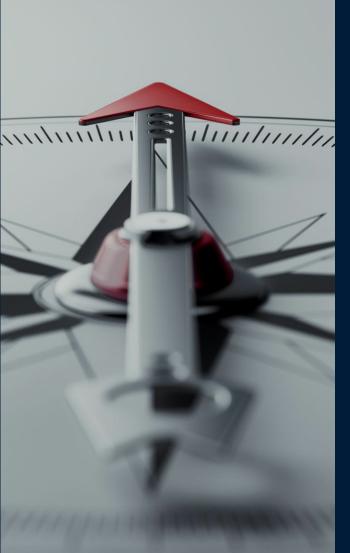
The unique role of the co-facilitator

Eyes and ears for the facilitator

Support conversation when necessary

Step up when the facilitator is not available





Navigating personalities



The dominant one

The quiet one

The fallen away

Accompaniment

During the sessions
Informal touch points during the "in between" *Especially between weeks 3 and 4*Be available as the Holy Spirit leads



Small group format

