

Chapter Four

Prayer and the Retreat



Mary



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“ Pray at all times in the Spirit. ”

Ephesians 6:18



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A photograph of a church service. In the foreground, two women are seen from behind, their hands raised in prayer. The woman on the right has her hand on the shoulder of the woman on the left. In the background, a large, glowing cross is visible on the stage, and other people are seated in the pews, some with their hands raised. The lighting is dim, with blue and purple accents from the stage lights.

Prayer is the **foundation** of everything
we do in The Rescue Project.

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“It’s the priest’s work to bring another
before God in prayer.”

Abbot Jeremy Driscoll



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Prayer in the weekly experience

- ▶ Prepare the way
 - *Prior to launch, create an intercessory prayer team*
 - *Prior to each session in the pre-huddle*
- ▶ Before the meals
- ▶ At the end of the session



Prayer in the Retreat

To facilitate an **encounter** with the **Trinity** and to create an opportunity for people to **surrender** their lives to **Jesus**.

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Why the Retreat

- ▶ Creates an opportunity to respond
- ▶ Occurs in the 7th week (Chapters 7, 8)
- ▶ The summit of The Rescue Project



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What does the Retreat look like?

- I. Welcome | Orientation
- II. Breakfast
- III. Worship
- IV. Episode: Words are Not Enough (Ch. 7)
- V. Reflection & journaling
- VI. Break
- VII. Episode: What Does God Want from Me? (Ch. 8)
- VIII. Prayer ministry
- IX. Lunch with debrief
- X. Closing prayer



Prayer Ministry



Nick Jorgensen



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Prayer Ministry

- ▶ **Prayer** is where we encounter God; it is our conversation with Him.
- ▶ **Prayer ministry** is standing before God with another asking God to minister to that person.



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Goal

To ask the Holy Spirit to give a person an overwhelming experience of the Father's love, to surrender to Jesus, and to be mobilized for mission.



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What this is not

- ▶ Counseling or advice
- ▶ Teaching or correcting
- ▶ A time to pray for grandma
- ▶ Deep healing prayer



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What this is

- ▶ Awkward for most people
- ▶ An act of love
- ▶ Actively listening to the person
- ▶ Actively listening to the Holy Spirit
- ▶ Accompaniment
- ▶ Efficacious



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A photograph of a group of people. In the center, a woman with long brown hair wearing a green t-shirt is being comforted. A woman on the left has her hand on the green-shirt woman's shoulder, and another woman on the right has her hand on her back. The background is blurred, showing other people. The text is overlaid on the image.

How not do it

- ▶ As if every word you hear is legit
- ▶ Theatrically



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How to do it

- ▶ With your eyes open
- ▶ Be human
- ▶ Make them feel comfortable
- ▶ Let God be God



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A man in a checkered shirt is applying a product to the shoulder of a man in a blue polo shirt. The scene is dimly lit, with a string of warm-toned lights visible at the top left. The text "A Method" is overlaid in the center in a yellow font.

A Method

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Ministry Time

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Q&A



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